

SWEET SKILLS

Covid-19 Safety Protocols for Mountain Bike Clinics, Camps and Private Lesson

We take the health and safety of our staff, guests, and community very seriously. The following measures will be taken by Sweet Skills and we ask our guest to do the same to prevent the spread of covid-19.

- Routine daily symptom screening for all staff and guests.
- All participants will be screened for COVID-19 symptoms, i.e. sore throat, fever, sneezing, fatigue, coughing, or gastrointestinal symptoms, i.e. nausea, vomiting, diarrhea, and may be refused service.
- Do not go on a ride or join a program, if you:
 - feel ill or have COVID-19 symptoms, no matter how minor.
 - have been in contact with a sick person within the last 14 days.
- Guests and staff must obey 2m distancing and 6-10 sec spacing between riders.
- Group sizes for camps and clinics will be limited to allow for physical distancing, and private “bubble” group bookings are encouraged. Groups will be a maximum of 5 participants to 1 coach.
- Coaches will be equipped with alcohol sanitizer, masks, and disposable gloves. In the event of a first aid incident, a mechanical issue, or other reason where 2m cannot be maintained, coaches will wear a mask and gloves.
- Coaches will guide participants in a bike safety check to ensure bike and equipment are safe before riding.
- Only travel with people within your own household, when traveling to and from trails.
- Do not congregate in large groups at the trailhead at the beginning or end of each ride or clinic. Move well off the trail to allow others to pass.
- If driving and when possible, find a way to park your vehicle somewhere else than the trailhead parking lot to avoid overcrowding one area. Ride your bike to the meeting point if possible.

